



# TASTE THE WORLD RECIPES



## Ghanaian-style Corned Beef & Rice

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### INGREDIENTS

2 cans corned beef  
6 tomatoes  
1 small tub tomato paste  
4 onions  
Oil  
Chilli  
Fresh ginger  
Fresh garlic  
1kg white rice  
6 eggs  
2 green capsicums

### METHOD

1. Chop onions
2. Chop tomatoes
3. Heat up oil and fry the onions, leave for a while
4. Add chilli, ginger, garlic and tomato paste and cook for a while
5. Add tomatoes and stir
6. Add corned beef whole (it will break up while cooking)
7. Add eggs, cook a while longer
8. Add capsicums
9. Cook rice and serve with the corned beef

